



# Enhancing the News

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## **Obesity continues to take its toll**

Australian adults and children are continuing to ignore the warnings about the long-term health effects of poor diet and lack of exercise. Australian obesity statistics continue to grow. Make sure that your students are informed about the issue with the free feature article [Bigger than a health problem](#). If you are teaching primary students you could show them audio-visual programs such as [Behind the News Special: Staying Healthy](#) and [TTN: Explaining Diabetes](#). To engage high school students try showing them the recent TV program [Honey We're Killing the Kids](#), which has a free [study guide for you to download](#).